



Seasonal Menu and Food Choices

No stay at Magdalen is complete without enjoying our tasty meals - meals cooked right here on site using fresh and seasonal ingredients direct from the farm or from local and organic suppliers. We would like to offer you a choice of evening meal. To make this work, we will need you to make your choices, and to send them to us on the Magdalen Record Sheet, at least 2 weeks prior to arrival.

Breakfast

A variety of cereals, juice and toast with preserves. On Tuesdays and Thursdays, and on a weekend day by arrangement, we will offer a cooked breakfast, such as eggs and beans.

Snacks during the day include homemade flapjack or biscuits with juice or water

Lunch

Depending on the day of the week lunch will be one of the following:

- Egg flan with seasonal salad and fruit
- Seasonal Soup with roll and fruit
- Ingredients to make sandwiches with sausage roll/cheese puff and fruit or vegetable sticks.

(Please note a packed lunch from home may be required on the day of arrival)

Supper

A two-course meal served with either seasonal salads or vegetables.

| | Option 1 (Default) | Option 2 (Magdalen Farm meats) | Option 3 |
|------------------|---|---|--|
| Monday | Vegetable cheesy pasta bake with garlic bread | Meat pasta bake with garlic bread | Jacket potato with variety of fillings |
| Tuesday | Vegetable sausages and potatoes | Sausages and potatoes | Jacket potato with variety of fillings |
| Wednesday | Seasonal vegetable pie with potatoes | Chicken pie and potatoes | Jacket potato with variety of fillings |
| Thursday | Vegetable Curry with rice | Magdalen meat curry with rice | Jacket potato with variety of fillings |
| Friday | Seasonal vegetable pie with mashed potatoes | Shepherd's pie | Jacket potato with variety of fillings |
| Saturday | Vegetable sausages and potatoes | Sausages and potatoes | Jacket potato with variety of fillings |
| Sunday | Lentil loaf with potatoes | Magdalen Sunday roast with potatoes | Jacket potato with variety of fillings |

Each main meal will be followed by a dessert such as fruit crumble, apple cake, treacle sponge, rice pudding and served with either cream, ice cream or custard.

*Magdalen is happy to cater for any specific medical or religious dietary requirements with notice
We operate a NO NUTS policy*